

Feature Briefs

Winter 2020 Issue

Feature submission deadline: 21/08/20

Special diets

- ▶ What are your top tips on managing allergens and preventing cross contamination in the kitchen?
- ▶ How can caterers ensure that vegan and vegetarian residents receive a balanced diet with enough nutrients?
- ▶ Why is it a good idea for caterers to encourage all residents to sometimes eat vegan or vegetarian dishes? How can they go about doing this?

Breakfast food and drink

- ▶ How important is the breakfast occasion in terms of bringing residents together?
- ▶ What can caterers do to ensure that their breakfast menu is suitable for all residents?
- ▶ What food and drink items are typically popular on care home breakfast menus?

Afternoon Tea

- ▶ **Why is it a good idea to serve afternoon tea?**
- ▶ **What food and drink items should be on the menu?**
- ▶ **What are the best ways to serve/present it?**
- ▶ **How can caterers give their offering a festive twist?**

Dairy and dairy alternatives

- ▶ Why might residents need dairy-free alternatives?
- ▶ How big is the dairy-free market nowadays?
- ▶ With many consumers in general now seeking non-dairy products, what dairy items remain popular?

Energy saving equipment

- ▶ Why is it important that care homes invest in energy saving equipment?
- ▶ What factors should caterers consider to ensure they buy the right appliance for their needs?
- ▶ What advice do you have for getting the most out of a specific type of appliance and ensuring its longevity?

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